

# “Balance: What it really means!”

## *Sheryl Bullock, Life Coach*

Sheryl is dedicated to partnering with women who desire to live life to the fullest. Her passion is to encourage women as they discover and identify new goals in the areas of personal development, relationships, and career.

She has been married to Rich for 35 years and has two grown children, a son, Noah, 26, and a daughter, Kamian, 22.

While completing her Organizational Leadership degree from Biola University, she trained for and entered the field of Life Coaching. Sheryl coaches from an office or via phone here in the Conejo Valley. She is looking forward to being with us to talk about having balance in our lives as busy moms.



**Don't miss Sheryl Bullock at  
our October 10th meeting!**